

RESUME

ATINDER BIKRAMJEET SINGH MAL

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PROFESSIONAL AND ACADEMIC QUALIFICATION:-

<u>QUALIFICATION</u>	<u>PASSING YEAR</u>
IAAF-IECS-LEVEL-I Lecturer	Feb.- 2019
IAAF-IECS-LEVEL-I- Coach	Nov.- 2018
UGC National Eligibility Test	June 2014
M-Phil in Physical Education from Punjabi University Patiala (Campus)	2014-2016
Diploma in Sports Coaching (Athletics) from Netaji Subhash National Institute of Sports, Patiala	2013-2014
M.P.Ed (2 years course) in Physical Education from Punjabi university Patiala (Campus)	2011-2013
B.P.Ed (1 Year Course) in Physical Education From Prof. Gursewak Singh Govt. College of Physical Education, Punjabi University, Patiala	2010-2011
PGDCA From Patel Memorial National College, Rajpura	2008-2010
B.A From Govt. Mohindra College, Patiala	2004-2008
+2 (C.B.S.E) From Army School, Patiala	2004
Matric (P.B.S.E) From Army School, Patiala	2002

AREA OF SPECIALIZATION:-

SPORTS - ATHLETICS

THEORY- SPORTS TRAINING & BIO- MECHANICS

SUBJECTS OF EXPERTISE:-

Test, Measurement and Evaluation in Sports
Sports Training
Exercise Physiology
Fitness Management
Bio- Mechanics

SPORTS OF EXPERTISE:-

Basketball
Football
Volleyball

RELEVANT EXPERIENCE:-

<u>DESIGNATION</u>	<u>YEAR</u>
Working as an Asst. Prof. in Department of Physical Education and Sports Technology at Sri Guru Granth Sahib World University, Fatehgarh Sahib, Punjab.	2015- so on
Conducted North Zone Interuniversity Kabaddi tournament Men and Women held at Sri Guru Granth Sahib World University, Fatehgarh Sahib, Punjab	2015
Conducted Khalsai Khed Utsav held at Sri Guru Granth Sahib World University, Fatehgarh Sahib, Punjab	2016
Conducted Guru Nanak Dev All India Women Hockey Tournament held at Sri Guru Granth Sahib World University, Fatehgarh Sahib, Punjab.	2016

SPORTS PARTICIPATION:-

Secured Third Position in All India Inter-University Athletics (Shotput), 2007- 2008
Represented Punjabi university Patiala 1 time in the All India Inter University Athletics Championship in the year 2008-2009.
Secured Third Position in Punjab State Athletics Championship, 2006.
Attended Junior National Camp in 2005, held at NSNIS, Patiala
Secured 2 times First Place in C.B.S.E National Athletic Championship (Shotput & Discus throw) 2002-03 & 2003-04.

RESEARCH CONTRIBUTIONS:-

Research work M-Phil -“ Aggression and Will to Win between Throwers and Jumpers in Relation to Their Physical Fitness. ”
Research work M.P.ED - “ Comparative Study of National Camp Throwers And Sprinters in Relation To Their Physical Fitness Variables. ”
Presented a paper at, “International Conference on Futuristic Trends in Physical Education” in the (ICFTPE) UGC sponsored International Conference, Organized by Department of Physical Education, Campus Punjabi University, Patiala held on 24 th -26 th , January 2013.
Presented a Research Paper at “National Conference on wellness through Physical Activity: Future Perspective”. Organized by Department of Physical Education, Campus Punjabi University, Patiala held on 17 th -18 th , January 2014.
Presented a Research Paper at, “International Conference on SPORTS, HEALTH AND SPORTS ECONOMICS” in the (FUSI) UGC sponsored International Conference. Organized by Department of Physical Education and Sports Technology, Sri Guru Granth Sahib World University, Fatehgarh Sahib. 03 -04, march 2015.
Two Research Papers Published in International Journal (OIIRJ) – 2016.
Paper published in National conference of Yoga at Bhim Rao Central University, Lucknow- (2016).
Supervised 2 Students for Dissertation of MPED- 2015-17, in Dept. of Physical Education & Sports Technology at SGGSWU, FGS. – 2017.

PERSONAL DETAILS:-

Date Of Birth	:	13 th July, 1986
Father's Name	:	S. Hari Singh Mal
Mother's Name	:	Amarjit Kaur
Father's Occupation	:	Retd. Govt. Employee
Mother's Occupation	:	Retd. Govt. Employee
Marital Status	:	Married
Address For Communication	:	# 129- A, Street No. - 9, Guru Nanak Nagar, Patiala. (Punjab)- 147001.
Hobbies	:	Reading Books, Listening To Music, Adventure Sports etc.

Reference:

Dr. Nishan Singh Deol,
Professor and Head,
Dept. of Physical Education,
Punjabi University, Patiala.

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