

# Rafique Ahmed



## PERSONAL INFORMATION:

- Father Name: Farzand Hussain
- Date of Birth: 25-12-1972
- Nationality: Pakistani
- Present Address: House# 425, 2-C-2 Township Lahore, Pakistan
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- Passport#: DV 1154043

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## EDUCATION/QUALIFICATION:

- 14<sup>th</sup> – 25<sup>th</sup> January 2018, conduct an IAAF Coaches Education Certification System Level-I Coaching Course **in Phenom Penh, Cambodia as Course Director**
- 27<sup>th</sup> May to 5<sup>th</sup> June 2016, conduct an IAAF Coaches Education Certification System Level-I Coaching Course **in Islamabad Pakistan as Course Director**
- 20<sup>th</sup>-25<sup>th</sup> February 2017, IAAF Level-I Refresher Lecturer Course from International Association of Athletics Federation, Yogyakarta (Jogja) Indonesia
- 5-14 March 2014, conduct an IAAF Coaches Education Certification System Level-I Coaching Course **in Islamabad Pakistan as Lecturer**
- 20 Oct – 2 Nov 2014, IAAF CECS Level-III Coaching Course in Combine Events from International Association of Athletics Federation, Regional Development Center **Jakarta, Indonesia**
- 15-16 August 2014, conduct IAAF Kids' Athletics Coaches Course in Lahore
- 9-18 June, 2013 Conduct an IAAF Coaches Education Certification System Level-I Olympic Solidarity Coaching Course **in Bangladesh as Lecturer**
- 2012 IAAF CECS Level-I Lecturer Course from International Association of Athletics Federation, Regional Development Center **Jakarta, Indonesia**
- 2012, IOC Sports Administration Course in Lahore (Overall 2<sup>nd</sup> Position)
- 21-11-04 to 03-12-04 International Association of Athletic Federation Coaches Education and Certification System-Level I Coaching Course Lahore, Pakistan.
  - Written exam (3), Practical (4)
  - Eligible for Level-IV
  - Coach # (16118)
- Master in Physical Education 2015-16 (1<sup>st</sup> Division)
- First Aid Courses from Pakistan Red Crescent Society & Teacher Recourse Centre Karachi

## ACHEIEVMENTS AS COACH FOR PAKISTAN:

- Head Coach of WAPDA Athletics Team (Men & Women) those won **20 Gold, 25 Silver & 11 Bronze Medals** in 49<sup>th</sup> National Athletics Championship 2018, Islamabad
- Head Coach of WAPDA Athletics Team (Men & Women) those won **10 Gold, 15 Silver & 09 Bronze Medals** in 3<sup>rd</sup> National (Youth & Junior) Athletics Championship 2018, Islamabad
- Head Coach of WAPDA Athletics Team (Men & Women) those won **23 Gold, 20 Silver & 16 Bronze Medals** in 48<sup>th</sup> National Athletics Championship 2017, Karachi
- Head Coach of WAPDA Athletics Team (Men & Women) those won **12 Gold, 12 Silver & 10 Bronze Medals** in 2<sup>nd</sup> National (Youth & Junior) Athletics Championship 2017, Islamabad
- Head Coach of WAPDA Athletics Team (Men & Women) those won **27 Gold, 8 Silver & 12 Bronze Medals** in 47<sup>th</sup> National Athletics Championship 2016, Quetta
- Head Coach of WAPDA Athletics Team (Men & Women) those won **26 Gold, 9 Silver & 5 Bronze Medals** in 46<sup>th</sup> National Athletics Championship 2015, Islamabad
- Head Coach of WAPDA Athletics Team (Men & Women) those won **23 Gold, 15 Silver & 08 Bronze Medals** in 45<sup>th</sup> National Athletics Championship 2012, Islamabad
- Coach of Sprint & Hurdles of Youth & Junior Athletes in the training camp organized by Pakistan Sports Board & Athletics Federation of Pakistan for the promotion of Track & Field at grass root level, 2011 Lahore
- Coach of WAPDA Athletics Team (Men & Women) those won **10 Gold, 5 Silver & 6 Bronze Medals** in 44<sup>th</sup> National Athletics Championship 2011, Lahore
- Coach of WAPDA Athletics Team (Men & Women) those won **08 Gold, 6 Silver & 5 Bronze Medals** in 31<sup>st</sup> National Games 2010, Peshawar
- Coach of WAPDA Athletics Team (Men & Women) those won **21 Gold, 12 Silver & 11 Bronze Medals** in 43<sup>rd</sup> National Athletics Championship 2010, Islamabad
- Coach of Pakistan Athletics Team (Men & Women) those won **02 Bronze, Medals** in SAF Games Bangladesh 2010
- Coach of WAPDA Athletes (Men & Women) those won the **01 Gold, 06 Silvers & 01 Bronze Medals** in the 42<sup>nd</sup> National Athletics Championship 2009, Lahore
- Coach of Athletes (Men & Women) those won the **01 Gold, 02 Silvers & 01 Bronze Medals** in the 41<sup>st</sup> National Athletics Championship 2008
- National Coach of High Hurdler for SAF & Asian Games 2007